

## Learning Objectives



Identify the meaning of the word 'cyberbullying'

Identify the online dangers and understand ways we can stay safe online

Identify cyberbullying and understand its' consequences

Promote active and open discussions to promote an openness to talk about cyberbullying

### Resources

- Learning pathway videos
- Hula hoops (2 per group)
- Printed cards Resource 1 (1 set per group)

### Success Criteria

- I can explain what cyberbullying is
- I know what to do if myself or someone I know is being bullied online
- I know how to behave responsibly online

### Key Vocabulary

- Bullying
- Cyberbullying
- Consequences
- Citizenship
- Responsible

## Main Lesson Sequence (20-30 minutes discussion/circle time)

- Watch the learning pathway video 'Cyberbullying'
- Split a whiteboard in half and ask the children to think of the positives and negatives that can arise when using the internet. Positives might include playing games, shopping online, finding information etc. Negatives might include spending too much time online, being unkind to people, getting scammed etc.
- Draw the childrens' attention to 'being unkind to people online' – if they do not know already, tell them that this is often referred to as cyberbullying. Ask them to think of some ways that people can be unkind to others online. Answers could include things like saying nasty things in messages, making mean comments about a photo, hacking into an account and pretending to be that person etc.
- Ask the children to think about the terms 'bullying' and 'cyberbullying'. Are they the same thing? Divide the children into groups, give each group 2 hula hoops which can be lay on the floor to create a Venn diagram. Label one side 'Bullying', one side 'Cyberbullying' and the centre section 'Both'. Give each group a set of printed cards from Resource 1 and ask them to sort the cards into the correct sections. Discuss as a group to ensure they all recognise the similarities and differences.
- Ask the children what they think are the consequences of cyberbullying. Are the consequences any different for bullying?
- Explain to the children how important it is to be open about what you do online. Remind them that if they are ever upset or unsure about anything online then they should speak to a trusted adult. Similarly, if anyone they know is being cyberbullied, or being upset by something online then they should also speak to a trusted adult. Encourage them not to respond to nasty messages, to save any messages they have received and block the person who is sending them.

## Extension Activities

- Read the scenarios on Worksheet 1. Discuss them and answer the questions.
- Remind the children what to do if they or someone then know is being cyberbullied. Use worksheet 2 to create a poster to help teach other people about what to do.